

ADULT DRILLS

2026 Schedule · All drills run weekly

DRILL	TIME	COURTS	PRO	LEVEL	MEMBER	NON-MEMBER
MONDAYS						
Doubles USTA 3.0 Drill	9:00 – 10:30 am	1	Len	3.0+	\$55	\$65
Cardio Tennis *	5:30 – 6:30 pm	2	Caleb & Chad	All	\$25	\$30
Intermediate +	6:30 – 8:00 pm	1	Kevin	3.0+	\$45	\$55
“Open Play” Mixed Doubles	6:30 – 8:00 pm	2	—	2.5 – 3.5	\$25	\$30
TUESDAYS						
Intermediate +	9:00 – 10:30 am	1	Kevin	3.0+	\$45	\$55
WEDNESDAYS						
Cardio Tennis *	8:00 – 9:00 am	2	Caleb & Lisa	All	\$25	\$30
Intermediate +	6:30 – 8:00 pm	1	Kevin	3.0+	\$45	\$55
THURSDAYS						
High Performance Strategy	11:00 am – 12:30 pm	1	Danny	3.5+	\$55	\$65
FRIDAYS						
Cardio Tennis *	8:00 – 9:00 am	2	Caleb & Francois	All	\$25	\$30

* Cardio Tennis is included for Fitness members

Schedule as of 9/1/26 and subject to change without notice.

ALL SIGN-UPS VIA THE SAC APP

Prices shown are per session.

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Sparta Athletic Campus Tennis Club · 115 Sparta Avenue, Sparta, NJ 07871 · 973-729-9141