

SAC Reformer PILATES Studio

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 AM					REFORMER FLOW (Rebecca)	7:30 REFORMER FLOW (Rebecca/Jasmin)	
8:00 AM	REFORMER FLOW (Jacqueline)	REFORMER FLOW (Tonya)	REFORMER FLOW (Patti)	REFORMER FLOW (Jasmin)	REFORMER FLOW (Tonya)	8:30 REFORMER FLOW (Rebecca/Jasmin)	8:30 REFORMER FLOW (Rebecca)
9:00 AM	REFORMER JUMPBOARD Int/Adv (Jacqueline)	INTERMEDIATE & ADVANCED (Tonya)	REFORMER JUMPBOARD Int/Adv (Rebecca)	INTERMEDIATE & ADVANCED (Jasmin)	INTERMEDIATE & ADVANCED (Tonya)	9:30 REFORMER FLOW (Emma)	9:30 REFORMER FLOW (Rebecca)
10:00 AM	REFORMER FLOW (Patti)	REFORMER FLOW (Jasmin)	REFORMER FLOW (Patti)	STRETCH & RESTORE (Rebecca)	REFORMER FLOW (Jasmin)	10:30 REFORMER FLOW (Emma)	10:30 REFORMER FLOW (Rebecca)
11:00 AM				REFORMER FLOW (Rebecca)			
5:30 PM	REFORMER FLOW (Jacqueline)	REFORMER FLOW (Rebecca)	REFORMER FLOW (Jacqueline)	REFORMER FLOW (Gigi)			
6:30 PM	REFORMER FLOW (Jacqueline)	REFORMER FLOW (Rebecca)	REFORMER FLOW (Emma)	REFORMER FLOW (Gigi)			

9/1/26

- 1 individual class \$40
- 4 pack \$120 (\$30 per class)
- 8 pack \$200 (\$25 per class)
- 16 pack \$360 (\$22.50 per class)

**ALL PACKAGES have a
2 MONTH EXPIRATION**



NEW and EXISTING CLIENTS - Email:
Info@SpartaAthleticCampus.com

Register on the SAC app (Opens 10 days prior to class)

**PACKAGES ARE FINAL and
NON-REFUNDABLE/TRANSFERABLE/EXTENDABLE**

115 Sparta Ave. Sparta NJ 07871 973-729-9141
www.SpartaAthleticCampus.com