



Reformer Pilates

Information



The Pilates Reformer Studio at SAC

is Sussex County's premier Pilates Studio

New Clients:

Contact Patti Bode, Pilates Reformer Coordinator via email at: patti@SpartaAthleticCampus.com to create your profile, get set up on our app and begin registering for classes.

Existing Clients:

- All class signups MUST be completed through the SAC app. The front desk CANNOT sign any clients up for the class in person or over the phone.
- Individual classes/packages can be purchased through the SAC app.
- Class rosters open 14 days in advance of scheduled class time to register.
- Please arrive 5 min before class starts, and always remind instructor if you have a limitation.
- Grip socks are required.

Pricing:

- \$40 per class individually
- \$30 per class with a package of 4 or 8 sessions
- \$25 per class with a package of 20 sessions

Schedule:

- Our studio offers classes 7 days per week, including mornings, evenings and weekends.
- Check the SAC app or website for the updated class schedule.
- There are 7 reformers in the studio. A minimum of 3 registrations are required for class to run.

Waitlist:

- The waitlist is a commitment to take the class if space on the roster becomes available.
- The waitlist locks 8 hours prior to the class start time.
- If a space becomes available with more than 8 hours until the start time, you will be automatically moved from the waitlist to the roster and charged for class.

Unregistration & Refunds:

- If you unregister from class through the SAC app with more than 24 hours notice, your class will be refunded to your package or if purchasing an individual class, a credit will be placed on your account.
- If you unregister from class with less than 24 hours notice, you will be charged for the class. There are no exceptions to this policy.

Questions?:

Contact Patti Bode, Pilates Reformer Coordinator via email at: patti@SpartaAthleticCampus.com