

SAC *Reformer* PILATES Studio

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 AM			REFORMER FLOW (Lois)		6:30 REFORMER FLOW (Rebecca)		
8:00 AM	STRETCH & RESTORE (Susan)	8:30 REFORMER FLOW (Tonya)		REFORMER FLOW (Patti)	8:30 REFORMER FLOW (Tonya)	REFORMER FLOW (Susan)	8:30 REFORMER FLOW (Lois)
9:00 AM	REFORMER FLOW (Susan)	9:30 INTERMEDIATE & UP (Tonya)		CARDIO SCULPT (Patti)	9:30 INTERMEDIATE & UP (Tonya)	REFORMER FLOW (Susan)	9:30 REFORMER FLOW (Lois)
10:00 AM	REFORMER FLOW (Patti)		REFORMER FLOW (Patti)	STRETCH & RESTORE (Rebecca)		REFORMER FLOW (Susan)	10:30 BEGINNER (Lois)
5:30 PM	REFORMER FLOW (Patti)		REFORMER FLOW (Gigi)			 10/27/25	
6:30 PM		6:00 REFORMER FLOW (Rebecca)		6:00 REFORMER FLOW (Lois)			

- \$40 per session drop in fee
- \$30 per session with a package of 4 or 8 sessions (1 month expiration for 4 pack, 2 month expiration for 8 pack)
- \$25 per session with a package of 20 sessions (3 month expiration)



Contact Patti Bode at:
Patti@SpartaAthleticCampus.com

Register on the SAC app (Opens 14 days prior to class)

PACKAGES ARE FINAL AND NON-REFUNDABLE/TRANSFERABLE

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